

Co-organized by:



## iCare Talking Book

# Explore the Issue of Food Waste Compose Your Own Audiobook

For Ages 5-6



### What is food waste?

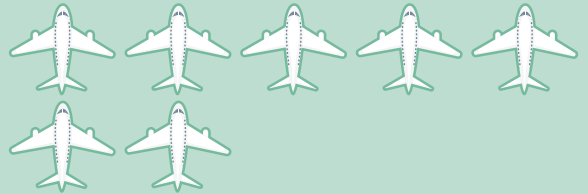


**3,300 tons**

The weight of unfinished food is added to HK landfills daily.

Source: Environmental Protection Department and Census and Statistics Department

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**Weight of 7 Boeing 747 Jumbo Jets**

Beginning with one's relationship with food, we will guide students to grasp the problems of hunger, poverty and food waste in our society. We have also incorporated community service to cultivate students' empathy towards the society. The course will strengthen students' appreciation and empathy through conceptual and practical learning experience.

### What will children learn from this course?



**Social Awareness**



**Explore Resolution**



**Parent-child Community Service**

### Parent-Child Volunteer Experience: "Bread Run" Activity\*

In collaboration with Foodlink, parents and students will be collecting unsold bread from participating bakeries and outlets. During the expedition, parent-child teams will also have a chance to speak to shop owners and understand the issue of surplus food.

**Foodlink**

Replacing hunger with a smile 膳心連

Foodlink Foundation was established in 2001 and registered as a charity in Hong Kong in 2009. They are committed to reducing hunger, assisting beneficiaries to build self-sufficiency, promoting their focus on food nutrition, and reducing food waste in the hotel and catering industry in Hong Kong.

Source: Foodlink Foundation

\*More information will be announced after registration.

Lesson	Lesson Theme/Objectives	Topic	Grammar Skills
1	What food do I like to eat? Understand how supermarket categorizes food	<b>Relationship between you and food</b>	Vocabulary
2	How is bread made? Learn about the food ingredients		Sentence Structure
3	How food goes bad? Learn about food labels and expiration dates	<b>Food waste and hunger</b>	Word Roots
4	What should we do with excess food? Understand different treatment methods <b>"Bread Run" activity with Foodlink</b>		Quantifiers
5	How can we help? Recap of "Bread Run" activity Explore solutions to solve the issue	<b>Exploring solutions</b>	Synonyms & Antonyms
6	Reflection Compose an audiobook and present at class		Storytelling

\*Course content may subject to change without prior notice.

## iCare Talking Book



With iCare Talking Book, our students will compose and record their own audio books by combining the social issues, their own journey and feelings experienced in the course.



Reading



Vocabulary



Writing



Presentation



Arts & Crafts

**Language:** Mandarin

**Date:** Nov 4 - Dec 9 (Fridays)

**Time:** 16:00 - 17:15 / 17:15 - 18:30

*Forming private group with proposed timeslot is welcome\**

**Venue:** ARCH Education Center

2/F Wilson House, 19-27 Wyndham Street, Central

**Fee:** HKD 3,000 (HKD 400/hr)

\*Pending on availability. Please contact us for scheduling.



iCare Talking Book

# 探討食物浪費問題 繪製錄音畫冊

適合5-6歲學生



## 何謂食物浪費？



每天

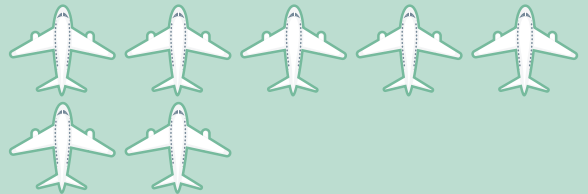
**3,300噸**

廚餘被棄置在香港堆填區，重量相等  
於7架滿載的波音747客機。

資料來源：環境保護署及政府統計處

重量相等於

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我們會從自身與食物的關係開始引導學生，延伸至社會上飢餓、貧窮和食物過剩的問題，並帶領他們參與義工活動，從中深入探討解決問題的方法，旨在培養學生對社會的共感力。希望學生透過實踐經驗和學習，從簡單易明的食物主題理解到資源匱乏，加強對自身和社會的感恩和同理心。

## 孩子從中能學懂甚麼？



對社會問題的認知



探討解決問題的方法



參與親子義工活動



## 親子義工體驗： 麵包收集活動#

麵包收集活動由膳心連發起，與各個大型麵包店、連鎖便利店，超級市場等合作，學生以遊戲互動收集當天仍未出售的麵包，並交到集合點，膳心連會再分派麵包給予有需要人士。

**Foodlink**  
Replacing hunger with a smile 膳心連

膳心連基金成立於2001年，並於2009年註冊為香港的慈善機構。我們致力減少飢餓，協助受惠者建立自給自足的能力，促進他們對食物營養的關注，同時減少香港酒店和餐飲業的食物浪費。

資料來源：膳心連

#活動詳情會在報名後公佈

課堂	課堂主題	學習單元	語言技巧
1	喜歡的食物： 認識超級市場的食物分類	個人與食物的關係	詞語
2	麵包是怎樣製造的？ 認識食物的原材料		造句
3	食物的腐爛： 認識食物標籤和保質期	食物浪費與飢餓	部首
4	過剩食物怎樣處理？ 了解過剩食物的處理方法 Foodlink 膳心連 麵包收集活動		量詞
5	麵包收集活動回顧： 探討協助社區的方案	探討解決方法	反義詞
6	主題和活動總結： 繪製錄音畫冊和課堂匯報		組織

課堂內容有可能變更而不會預先通知

## iCare Talking Book



透過運用iCare Talking Book發聲畫冊，學生將會繪製屬於自己的故事書，把他們在課程中所學的社會問題、自身經歷和感受紀錄於畫冊中。



閱讀



認字



寫作



演講



繪畫

授課語言：普通話  
 課程日期：11月4日 - 12月9日（逢星期五）  
 時間：16:00 - 17:15 / 17:15 - 18:30  
 歡迎有興趣學生另組時間\*  
 上課地點：ARCH Education Center  
 中環雲咸街19-27號威信大廈2樓  
 課程費用：HKD 3,000 (HKD 400/hr)

\*視乎實際情況而定，請聯絡我們有關時間安排

